Seretean Memorial Wellness Walk for United Way

Friday, October 8
Library Lawn
Noon - Arrive early; the walk will begin at noon
Length of Walk = 1 Mile

Please return this form to your United Way Team Captain

Please Register by September 30 to guarantee t-shirt and goodie bag the day of the walk.

<table>
<thead>
<tr>
<th>First Name</th>
<th>Last Name</th>
<th>Department</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Email Address</th>
<th>Contact Number</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please select one of the following options:

- Faculty/Staff Wellness Walk Entry Fee - $15
  Includes commemorative t-shirt and goodie bag*

- Student Wellness Walk Entry Fee - $10
  Includes commemorative t-shirt and goodie bag*

Please return this form and your donation to any of the following locations:

- Seretean Wellness Center Front Desk
- Your United Way Team Captain
- Dean’s Office, 216 Library
- Michael Lorenz, 205 McElroy Hall

Method of Payment:  
- Cash  
- Check (Made Payable to United Way)

T-Shirt Size:  
- Small  
- Medium  
- Large  
- X-Large  
- XX-Large (add $2 for XX –Large)

T-Shirts will be available for pick-up at the registration table (located on the Library Lawn) the day of the walk, beginning at 9:00 am. Please register by September 30 to guarantee your t-shirt the day of the walk.

The Seretean Memorial Wellness Walk is held in honor of the late Bud Seretean, a champion of health and wellness, and is sponsored by the OSU Seretean Wellness Center and the Bud Seretean Foundation. Proceeds benefit the United Way. For questions about registration, contact Hazel Caldwell at 405.744.6321 or hazel.caldwell@okstate.edu

* T-Shirts and Goodie bags are limited to first 500 registrations.